St Joseph's Catholic Primary
We follow in St Joseph's footsteps building a community of love, trust, respect and learning.

16th October 2026

Dear Parents,

I hope those of you who had parents' evening this week found the opportunity to meet with the teachers useful. The teachers at St Joseph's work above and beyond to make sure your child is as supported as they can be, so always feel free to come to these meetings with any ideas or concerns. The staff were amazing, working a full day and then into the evening, so I would like to thank them for that commitment, and in advance for next week.

This week has been an exciting one with Class 4 having their mass today with Father Joseph. Miss Perkins, Ellie and James had an amazing trip to London to visit the Houses of Parliament, so please have a read to learn what they were up to. Perhaps we will have some future politicians in the making?

Leading on from that, next week looks just as exciting. We have a whole school referendum on Monday with polling booths to generate the full experience. Learning about democracy is a key part of children's cultural development as it is a keystone of our British identity. We will share the results with you in our next newsletter. On Tuesday we will be supporting the church with their soup and cake social event. If you would like to come along and meet us, I will be there with a group of children from 12pm. All are welcome.

And a final reminder that the school is not open to pupils next Friday as the staff will be having a training day.

Only one week to go until the half term and the weather is finally taking a turn, so all children will need a coat for next week.

Thank you again for all of your support.

Have a wonderful weekend, God bless,
Mrs Leigh

Attendance

Class	Last Week	This Week
1	93.18%	92.73%
2	97.93%	95.52%
3	100%	97.50%
4	97.58%	96.36%

On Thursday 15th October, James McNaughton and Ellie Manley had the exciting opportunity to visit the Houses of Parliament to take part in the Sir David Amess Commemorative Children's Parliament Debate.

The event brought together around 100 children from across the country to mark the fifth anniversary of Sir David Amess's death and celebrate his commitment to giving children a voice. The children took part in a special debate focusing on disability rights, learning about democracy, inclusion and the importance of making sure everyone's views are heard.

This was a wonderful opportunity for our pupils to experience democracy in action, develop their confidence and see how their voices can make a difference. The visit also linked closely to our Catholic values, particularly human dignity, solidarity and ensuring that everyone is treated with respect.

We are incredibly proud of our pupils for representing St Joseph's and embracing this memorable opportunity. We hope they return feeling inspired to speak up for others, listen to different perspectives and remember that even young voices can help shape a better world.













Certificate Winners

Class 1: Rory and Isaac

Class 2: Aviana, Chloe and Annabelle

Class 3: Jenson and Jeremy

Class 4: Veronica and Aleks

Whole School Attendance this Week: 95.78%

Winning Class this Week: Class 3 – 97.50%





Winning House Team This Week:

ST GEORGE

DATES FOR YOUR CALENDAR

Mon 19th October	pm Indoor Football – Selected Children – No parents
Tues 20th October	Cafod Soup Lunch 12pm to 1pm at Church – All welcome Parent/Teacher Meetings
Weds 21st October	3.20pm Aylmerton Meeting for Parents.
Fri 23rd October	Non Pupil Day
Mon 26th October	Half Term – 1 Week
Mon 2nd November	Back to School Football Match at St Joseph's V All Saints Gt Oakley
Weds 4th November	Cross Country - Details to follow Spooky Disco 4.15pm to 5.30pm
Thurs 5th November	Class 4 Electric Palace – Crucial Crew First Class 3 Swim Session
Tues 10th November	Open Day for Prospective Parents – see below
Weds 18th November	Open Day for Prospective Parents – see below
Mon 23rd November	Class 4 Residential
Fri 11th December	Christmas Bazaar – details to follow
Fri 18th December	Last day of term

Term Dates for 2026/2027 are on our School Website

Week Beginning Monday 19th October
Week 2 of the Menu

SUMMER – WEEK 2

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Burger Or Sandwich	Pizza Or Sandwich	Roast Chicken Or Sandwich	Brunch Lunch Or Sandwich	Fish Fingers and Chips Or Sandwich
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Fruit and Yoghurt	Fruit and Yoghurt	Fruit and Yoghurt	Fruit and Yoghurt	Fruit and Yoghurt or Treat Friday

*Cool water, fresh fruit and yoghurt available daily



St Joseph's Catholic Primary School

St Joseph's are occasionally asked to promote activities from local groups, such as the Swimming Pool, the Sports Hall, Church Groups etc….

Such activities are not quality assured by the school and parents should be aware of the need to reassure themselves at inspection reports etc.

Our school website can be found at:

https://www.st-josephs-dovercourt.essex.sch.uk/

St Joseph's PTA
presents

OUR SPOOKY DISCO

Wednesday 4th November
In School Hall.

415pm to 530pm.
(All Classes)

Tickets £3
from the School Office

Tuck Shop Available

Games and Prizes to be won.

Prize for Best Costume

St Joseph's Catholic Primary School

Open Days for Parents/Carers Applying for Reception School Places to Start School in September 2027

Tuesday 10th November from 10am to 4.30pm

Wednesday 18th November 1.30pm to 6pm

Tours run throughout the day – Please call or email to book your place. We look forward to seeing you.



St Joseph's Catholic Primary School, The Drive, Dovercourt, Harwich, Essex, CO12 3SU Tel: 01255 503493
admin@st josephs dovercourt.essex.sch.uk

Join Essex Pedal Power at the

GLOW ride



GLOW UP YOUR BIKES

Join our #GlowRide and be part of a nationwide movement lighting up the streets for safer cycling with Cycling UK's #MyRideOurRight campaign.

THURSDAY 22nd OCTOBER

We'll meet at **Cliff Park** at **6.00pm**.

Children must be accompanied by an adult.

This will be a ride along the High Street, up to Cliff Park and back.

Bring your neon, your lights and decorate your bike with us before the ride!

we are cycling UK

Essex pedal Power

Larry's LITTER PICK!!



My mum has been awarded a charity place for the MS Society in the London marathon on the 25th April 2027. As I do not have my own money to donate, I am doing this to help.

My Grandad has MS and he is bedbound.
I will be doing my sponsored litter pick on the 21st March 2027. I will be walking along the Harwich Prom starting at West End Lane and finishing at the Sailing club, giving it a good tidy up!

If anyone would like to sponsor me it would make me happy. All monies raised will go on my mums go fund me page.

JustGiving

Scan to visit Caroline Huggins's JustGiving Page

MS Society

extra

Scan to book your free place!

ADHD Workshop

Join us for a friendly and informative workshop designed to help you better understand Attention Deficit Hyperactivity Disorder (ADHD) and feel more confident in supporting your child.

Together, we'll explore:

What is ADHD?

How the brain works in children with ADHD

Understanding Rejection Sensitive Dysphoria (RSD)

Practical, positive strategies you can use at home

This session is all about giving you helpful insights, simple tools, and reassurance — so you can respond to your child's needs with greater understanding and confidence.



Karen - Parent Services Manager



Lauren, MBACP
Integrative Counsellor and Associate Facilitator

Thursday 26th November 2026
9.30am - 12pm

Harwich and Dovercourt High School



admin@extrasupportforfamilies.co.uk
01255475001
www.extrasupportforfamilies.co.uk/
Registered in England No: 1158891

Funded by...
PEOPLE'S POSTCODE LOTTERY
PEOPLE'S POSTCODE TRUST
COMMUNITY FUND

Essex County Council

extra

Scan to
book your free place

Managing Anxiety

This free 9 week programme aims to help parents/carers manage their own and/or their child's anxiety.

Within the course we examine what anxiety is and how it effects our thoughts, feelings, body and behaviour. It explores how to interrupt the anxiety cycle by challenging negative thoughts and ways of managing the physical effects of anxiety.

Starts Friday 6th November 2026
10am - 12pm

Park Pavilion, Barrack Lane, Harwich. CO12 3NS



admin@extrasupportforfamilies.co.uk
01255475001
www.extrasupportforfamilies.co.uk/
Registered in England No: 1158891

Funded by...
COMMUNITY FUND
Essex County Council

ACL

Free courses for parents & carers

19th - 30th October 2026

Gain practical **tips and techniques** you can use straight away.

Be around others that 'get it' in our **supportive and friendly** sessions.

Monday	Tuesday	Wednesday	Thursday	Friday
19th October	20th October	21st October	22nd October	23rd October
Managing Anger in Young People Online Live 7:00 - 9:00pm	**Separtation Anxiety (Primary)** Online Live 7:00 - 9:00pm	**Separation Anxiety (Early Years)** Online Live 7:00 - 9:00pm	**Managing Conflict at Home** Online Live 7:00 - 9:00pm	**Building Better Routines** Online Live 9:30 - 11:30am
26th October	27th October	28th October	29th October	30th October

Half Term Week! Visit aclessex.com to see what's starting soon.

To book, please visit **aclessex.com** and search the course name or give us a call on **0345 603 7635.**

ACL | Essex County Council

extra

Mindfulness

Scan to register

This free 6-week course is designed for parents and carers of young children and teenagers. It explores how mindfulness can support you in your parenting role, helping to reduce stress, build confidence, and bring more calm, kindness, and enjoyment into everyday family life.

Each week you will learn simple mindfulness practices for yourself, along with fun activities you can share with your child at home.

The course includes:

- **Parent Journal**
- **A booklet of mindfulness practices for children**
- **6 guided mindfulness recordings**

These practices are designed to support your wellbeing while creating meaningful and enjoyable moments with your child.

STARTS
WEDNESDAY 4TH
NOVEMBER 2026
FOR 6 WEEKS
9.30AM - 11.30AM
EMMANUEL WALTON
CHURCH
WALTON ON THE NAZE
CO14 8EB



admin@extrasupportforfamilies.co.uk
01255475001
www.extrasupportforfamilies.co.uk/
Registered in England No: 1158891

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COMMUNITY FUND

ESSEX COMMUNITY FOUNDATION

Flatford Nature Day

Tuesday 27th October 2026

Join us at Flatford for our autumn Nature Day!

Lots of free, nature-themed activities to get stuck into including:

- Pond dipping
- Hedgehog trails
- Fun nature quizzes
- Hands-on arts & crafts
- Leafy and riverside strolls

Free

...and much more!

Drop in activities 11am – 3pm



Enjoy the great outdoors around Flatford this October half-term

There will be something for all the family!

There is a charge of £6.00 for use of the National Trust car park for non-members.

Call Field Studies Council Flatford Mill on 01206 297110 for more details.

Field Studies Council

River Stour Trust

Dedham Vale National Landscape

RSPB

National Trust

Dedham Vale National Landscape Dark Skies Campaign

Scouts
Tendring

YOU ARE INVITED TO

Christmas

AFTERNOON TEA



SATURDAY 12TH DECEMBER 14:00 - 16:00

TENDRING DISTRICT SCOUT CENTRE
VALLEY ROAD, CLACTON-ON-SEA, CO15 6NA

£15
PER ADULT
(INCLUDES 1 UNDER 18 CHILD FREE)

£2.50
£2.50 FOR EACH EXTRA CHILD

V **GF**
VEGETARIAN & GLUTEN FREE OPTIONS AVAILABLE ON REQUEST

Scan the QR code to book

https://forms.gle/G72mSbzn4NPdBfmQ7

international@tendringdistrictscouts.co.uk

ALL PROCEEDS SUPPORT LOCAL YOUNG PEOPLE AND VOLUNTEERS ON THEIR INTERNATIONAL EXPEDITIONS IN 2027!

Scouts

1st/2nd Parkeston

Group Lead Volunteer: Brian Mayo

Baden Powell Scout Hall, Parkeston Road, Harwich, CO12 4HA

BEAVERS

6 - 8 years

Make friends and try new indoor and outdoor activities

Thursday 16:30 - 18:00

cubs

8 - 10 ½ years

Learn practical skills while having adventures with friends

St George Pack Tuesday 18:30 - 20:00
St Edmund Pack Wednesday 18:30 - 20:00



SCOUTS

10 ½ - 14 years

Build confidence, resilience and a sense of adventure

Orwell Troop Monday 19:30 - 21:00
Stour Troop Friday 19:30 - 21:00

EXPLORERS

14 - 18 years

Take the lead, work together and embrace new experiences

Thursday 20:00 - 21:30

Do More.
Share More.
Be More.

#SkillsForLife

Scan the QR code to join the Scouting adventure today!

SUPPORT INTERNATIONAL EXPEDITIONS 2027

INDOOR CAR BOOT SALE

TENDRING DISTRICT SCOUT CENTRE
Valley Road, Clacton-On-Sea, CO16 6NA

SATURDAY 21ST NOVEMBER 2026
SATURDAY 20TH FEBRUARY 2027

09:00 AM - 12:00 PM

£10
6FT TABLE HIRE

BOOK YOUR TABLE

Scan the QR Code or Email Us

FREE ENTRY FOR VISITORS

FIND TREASURES YOU NEVER KNEW YOU NEEDED!

REFRESHMENTS AVAILABLE

international@tendringdistrictscouts.co.uk

Scouts
Tendring