St Joseph's Catholic Primary
We follow in St Joseph's footsteps building a community of love, trust, respect and learning.

25th September 2026

Good afternoon,

What a lovely week it has been! The sun has kept us company a little longer than expected and the children have made full use of that getting outside to enjoy themselves as much as possible.

I hope you have enjoyed the coffee and cake sale today- I wish I could have been there that's for sure. Thank you for all of your support, it is really appreciated.

Next week we have some children from class 2 and class 3 attending a TAG rugby tournament so make sure you pray extra hard for their success.

Some of you may be expecting meetings with staff to be arranged soon regarding your child outside of parents evenings. Please be patient for this, you have not been forgotten and will be contacted shortly.

I hope you have a wonderful weekend and I may even bump into some of you as I am in Harwich for my son's football match this Sunday!

All the best,

Mr Bevan

This week has been an exceptional week! Class 3 completed their act of stewardship - this time right here in our school! They were busy painting the sport's cupboard, making it bright and cheerful. These wonderful stewards also planted plants and scattered wildflower seeds kindly donated by Lily's mum, so we will have a beautiful area that is perfect for bees when Spring comes around. Everyone at St Joseph's would like to say a big well done to Class 3, Miss Perkins and Mrs Cole for all of their hard work transforming our school environment.

This week class 4 completed our first child led Collective Worship assembly based on their stewardship experience of litter picking. They educated the rest of the school with interesting facts about recycling and the dangers of plastic in the environment.

In other exciting news, I am launching a Collective Worship design competition. All children are invited to design the front cover of our new collective worship books. The winners will be chosen and art-based prizes will be awarded to the top 3. If your child would like to submit an entry, they are due in on Thursday 1st October.

Please keep your photos of stewardship coming in! Zach in class 4 came to school on Thursday with a bag full of litter he had collected on the way in! Exceptional work Zach! Lots of children mentioned their experiences of rescuing animals. If you have any photos of these, we would love to see them.

Our clubs are now up and running and I was thrilled to see the creativity of the children in Mrs Cole's construction club. Please see the photos attached.

Collections will begin for our whole school donation to our local foodbank. Collections of non-perishable foods as well as hygiene products will be collected in the main foyer for two weeks starting on Monday. We will be displaying our donation during our Harvest Celebration on the 9th of October. Thank you in advance for your kind donations.

Finally, I would like to thank our amazing PTA for the fundraising efforts. The hall and all the wonderful cakes look delicious. Thank you to all who donated to help raise money for such a worthy cause. An amazing £343.29 was raised for Macmillan.

Have a wonderful weekend, God bless.

Mrs Leigh

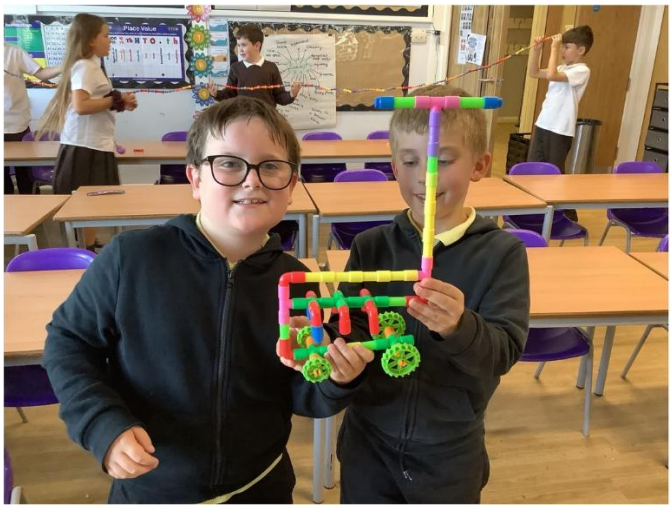
Attendance

Class	Last Week	This Week
1	97.27%	98.18%
2	98.62%	94.48%
3	99.38%	99.69%
4	93.64%	98.48%




LETS
PLAY








To Know You More Clearly

Certificate Winners

This will continue again next week.

Class 1:

Class 2:

Class 3:

Class 4:

Whole School Attendance this Week: 97.76%

Winning Class this Week: Class 3 – 99.69%





Winning House Team This Week:

ST PATRICK

DATES FOR YOUR CALENDAR

Tues 29th September	Rugby event – 6x selected children. Starts at 1pm at the Rugby Club – No Dogs please.
Thurs 1st October	HDHS Open Evening 5.30pm – Please see their website Manningtree Open Evening 5.30pm – Please see their website
Mon 5th October	Flu Vaccine Session – Details to follow
Fri 9th October	2.30pm Harvest Assembly
Weds 14th October	Parent/Teacher Meetings – Details to follow
Fri 16th October	10am Class 4 Mass in school
Tues	Parent/Teacher Meetings – Details to follow
Fri 23rd October	Non Pupil Day
Mon 26th October	Half Term – 1 Week
Mon 2nd November	Back to School
Weds 4th November	Spooky Disco – details to follow
Thurs 5th November	Class 4 Electric Palace – Crucial Crew
Mon 23rd November	Class 4 Residential
Fri 11th December	Christmas Bazaar – details to follow
Fri 18th December	Last day of term

Term Dates for 2026/2027 are on our School Website

Week Beginning Monday 28th September
Week 1 of the Menu

SUMMER – WEEK 1

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Goujons or Sandwich	Breakfast Wrap Or Sandwich	Roast Chicken Or Sandwich	Burger in a Bun Or Sandwich	Fish Fingers and Chips or Sandwich
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Fruit and Yoghurt	Fruit and Yoghurt	Fruit and Yoghurt	Fruit and Yoghurt	Fruit and Yoghurt or Treat Friday

*Cool water, fresh fruit and yoghurt available daily



St Joseph's Catholic Primary School

St Joseph's are occasionally asked to promote activities from local groups, such as the Swimming Pool, the Sports Hall, Church Groups etc….

Such activities are not quality assured by the school and parents should be aware of the need to reassure themselves at inspection reports etc.

Our school website can be found at:

https://www.st-josephs-dovercourt.essex.sch.uk/



Collective worship is going through some exciting changes at St Joseph's, and we need you to design a front cover for our brand new Collective Worship books!

Submit your entries on an A4 piece of paper to your class teacher by Friday 2nd of October. The Class 4 collective worship group will choose the winner. The winner will get a special certificate in assembly on Friday 2nd October.

I can't wait to see your amazing designs!

Happy designing,

Mrs Leigh, Emma, Harper-Lillie, Lottie and James

Essex County Council
Special Educational Needs
and Disabilities

SPACE

SPACE offers free support to families of children and young people with SEND.

Delivered by peer educators – all parents and carers with lived experience.

Get support your way:

- **in person** – meet us at Local Offer roadshows, coffee mornings, and community events
- **by phone** – talk one-to-one with a peer educator
- **online** – join webinars on key topics, led by peer educators
- **on the SPACE website** – find helpful info and guidance anytime



Book your place for an online session, or a phone call today!

parent-send-support.essex.gov.uk

FREE ONLINE WORKSHOPS

FOR PARENTS AND CARERS

OF NEURODIVERGENT CHILDREN AND YOUNG PEOPLE

Delivered by the Mental Health Support Team
@EssexMHST_and_SETcamhs

SCAN TO REGISTER

bit.ly/4jtb46c



Meltdowns and Shutdowns
14th October 9:30 am

Communication Differences
19th October 7:00 pm

Striving to provide the best care by the best people

MENTAL HEALTH SUPPORT TEAM ESSEX

NHS
North East London
NHS Foundation Trust

FREE ONLINE WORKSHOPS

FOR PARENTS AND CARERS

OF PRIMARY-AGED CHILDREN

Delivered by the Mental Health Support Team
@EssexMHST_and_SETcamhs

SCAN TO REGISTER

bit.ly/3MaR1wJ



Understanding and Supporting with Challenging Behaviour
1st October 9:30 am

Introduction to Understanding Autism
8th October 6:30 pm

Introduction to Understanding ADHD
12th October 9:30 am

Emotional Regulation
5th October 7:00 pm

Striving to provide the best care by the best people

MENTAL HEALTH SUPPORT TEAM ESSEX

NHS North East London NHS Foundation Trust

Scan to register

Connective Family
(Non Violent Response Training)

Non Violent response (NVR) is an evidenced based 9 week therapeutic programme for parents whose children/young people are exhibiting some challenging behaviours.
Several recent outcome studies have shown that NVR is effective in improving the behaviour of a significant percentage of young people, reducing parents' feelings of helplessness, and raising their confidence, as well as bringing about a more peaceful atmosphere within the family.



TO BE NOTIFIED OF START DATE AND BOOK YOUR FREE PLACE PLEASE CONTACT EXTRA

admin@extrasupportforfamilies.co.uk
01255475001
www.extrasupportforfamilies.co.uk/
Registered in England No: 1158891

Funded by..
Masonic Charitable Foundation
ESSEX COMMUNITY FOUNDATION
COMMUNITY FUND

extra

Managing Anxiety

This free 9 week programme aims to help parents/carers manage their own and/or their child's anxiety.

Within the course we examine what anxiety is and how it effects our thoughts, feelings, body and behaviour. It explores how to interrupt the anxiety cycle by challenging negative thoughts and ways of managing the physical effects of anxiety.



Angela - Associate Facilitator

STARTS
2ND OCTOBER
2026
FOR 9WEEKS
9.30AM - 11.30AM
COPPINS HALL
COMMUNITY CENTRE
CO16 7PA





Vania - Associate Facilitator

admin@extrasupportforfamilies.co.uk

01255475001

www.extrasupportforfamilies.co.uk/

Registered in England No: 1158891

Funded by...

Essex Community Foundation

COMMUNITY FUND

The Tudwick Foundation

extra

Mindfulness

Scan to register

This free 6-week course is designed for parents and carers of young children and teenagers. It explores how mindfulness can support you in your parenting role, helping to reduce stress, build confidence, and bring more calm, kindness, and enjoyment into everyday family life.

Each week you will learn simple mindfulness practices for yourself, along with fun activities you can share with your child at home.

The course includes:

- **Parent Journal**
- **A booklet of mindfulness practices for children**
- **6 guided mindfulness recordings**

These practices are designed to support your wellbeing while creating meaningful and enjoyable moments with your child.

STARTS
WEDNESDAY 4TH
NOVEMBER 2026
FOR 6 WEEKS
9.30AM - 11.30AM
EMMANUEL WALTON
CHURCH
WALTON ON THE NAZE
CO14 8EB



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extra

Parent SEND Support Drop In

Autumn Term Dates
30/09, 21/10, 25/11
9:30 -11:30am

Alton Park Junior School, CO15 1DL

EXTRA is pleased to offer a FREE monthly SEND Support Session for parents and carers of children with additional needs.

These informal drop-in sessions provide a relaxed, welcoming space where parents and carers can have a cuppa and feel supported in a friendly enviroment – with no pressure and no judgement.

What to expect

We offer support and guidance on anything SEND related. Including helpful strategies for supporting your child at home and in school, guidance on navigating appointments and the EHCP process.

No diagnosis needed.
Refreshments Provided
Professionals invited to sessions.

We will be joined by Rebecca Tilley - Sigma Primary Lead/Deputy Headteacher, Robyn Lang - SENco at Alton Park Junior School, Tracy from SEND IASS and Clare from Community Connect on 30th September



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COMMUNITY FUND