

Essex Child and Family Wellbeing Service
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Year 6 Pupils, Parents/Carers

25th June 2020

Dear Class Teacher

Year 6 Virtual Drop In, to Support Year 6 Pupils Transition to Secondary School

We are writing to ask you if you would kindly share the following information with your Year 6 Pupils and their parents/carers

We are writing to let you know that the School Nursing Teams within Essex Child and Family Wellbeing Service are offering Year 6 Pupils in conjunction with their parent/carers the opportunity to meet the School Nurse who offers a Drop In at their new Secondary School. The Drop In is virtual and offered via Microsoft Teams as a group session. This will give you the opportunity to hear about our service, what we can do to support children, young people and their families both in school and outside. The virtual Drop In, is a group session and there will be the opportunity to meet other Year 6 pupils and their parent/carer who will be transitioning to your new secondary school who you may not have met previously.

School Nurses work directly with young people across Essex, supporting them with a range of physical, social and emotional wellbeing needs –for example managing relationships, transitions, feelings of low mood or anxiety, sleep and diet.

To access the virtual, Drop In for your new Secondary School we ask you to contact our main HUB on 0300 247 0015 and our Administrators will be able to book you a place. We will be offering our Virtual Drop In during the first 3 weeks of July. We will be able to host approx. 12 Pupils (and their parent/carer). The sessions will be approx. 45 mins long and you will have the opportunity to learn about our service and talk about any worries you have about moving from Primary School to Secondary School. We need to remind everyone this is a shared experience and not a confidential arena.

If you would like to speak to your School Nurse to discuss any issues privately you can request this by calling our Single Point of Contact on 03002 470015 and Administrators will be able to arrange for your School Nurse to call you.

For young people of Secondary School age, we have ChatHealth, our anonymous texting service, which is monitored by a School Nurse between the hours of 9am to 5pm Monday to Friday. The contact details are 07520 615734.

For further information about our service please www.essexfamilywellbeing.co.uk where you will find lots of information about our service.

Sent on behalf of the School Nurses, Essex Child & Family Wellbeing Service.

This service is provided by Virgin Care Services Limited on behalf of itself and a number of related organisations

Registered office: The Heath Business and Technical Park, Runcorn, Cheshire WA7 4QX.

Registered in England and Wales Number 5466033

Send any correspondence to the address listed at the top of this letter

Commissioned by:

